

## PARTICIPANTS NEEDED

### People with a lived experience of problem alcohol or other drug use

We are inviting people with lived experience of problem alcohol or other drug use to complete online surveys.

#### AIM OF THIS RESEARCH PROJECT

To update the mental health first aid guidelines for substance use problems.

#### TIME COMMITMENT

You will be asked to complete three online surveys over about 4-6 months. The total estimated time commitment is approximately 2-3 hours.

#### PARTICIPATION CRITERIA

You will

- be able to read and write English
- be 18 years or older
- live in Australia, Canada, Denmark, Finland, Ireland, The Netherlands, New Zealand, Sweden, the United Kingdom or the USA.

#### AND

have a lived experience of problem alcohol or other drug use and consider yourself to be functioning well enough to participate OR identify as a family member or friend who has assisted a person with problem alcohol or other drug use.

#### AND

be engaged in activities that give you a broader exposure to people's experiences of problem alcohol or other drug use, e.g. consumer advisory or advocacy group members, provide peer support.

#### Further information:

If you are interested in participating, please contact Kathryn Chalmers at the University of Melbourne: [kchalmers1@unimelb.edu.au](mailto:kchalmers1@unimelb.edu.au)